

ST PAUL'S POST

St Paul's Province Weekly Newsletter: 306

27 February 2023

Happy Birthday



Our
birthday
girls this
week are:

Una Vaughan	28 February
Josepha Delafield	29 February

Two weeks ago I wrote about **Save our Bees**. But this week I want to share with you a short passage that St Francis of Sales wrote in his

Introduction to the Devout Life

Writing about Nature and Excellence of Devotion St Francis writes in Chapter 2:

Watch a bee hovering over the mountain thyme; - the juices it gathers are bitter, but the bee turns them all to honey,- and so tells the worldling, that though the devout soul finds bitter herbs along its path of devotion, they are all turned to sweetness and pleasantness as it treads;- and the martyrs have counted fire, sword, and rack but as perfumed flowers by reason of their devotion.....So devotion is the real spiritual sweetness which takes away all bitterness from mortifications;..... it cures the poor of sadness and the rich of presumption... it averts sadness from the lonely... it is as warmth in winter and refreshing dew in summer.... it accepts gladness and sadness with an even mind and fills men's hearts with a wondrous sweetness.

Happy and prayerful lent to all.



Savio

You may want to check out the link below sent to us from Sr Brigid all about caring for our planet

<https://www.sei.org/wp-content/uploads/2022/11/our-common-home-sei-vatican-20221128.pdf>



PRAY TOGETHER

MAKING A DIFFERENCE IN THE LIVES OF OTHERS

Relatives/friends of Sisters:-

Marguerita's brother, **Pat**;

Eily May's brother, **Tade**,

and her sister, **Mary Philomena White**;

Kay Doran's niece-in-law, **Kerry**,

and her nephew, **Kieran Fitzpatrick**;

East Holme Nurse, **June**;

Carmel Comerford's sister, **Clare**;

Marcella Roe's sister, **Eileen**;

Noleen Bermingham;

Eithne's nephew, **Bernard Donoghue**;

Francine's sister, **Rita**;

Vy's brother, **Joseph Tran The Day**;

Marian Langan's niece, **Laura Fitzpatrick**,
now receiving palliative care;

Maria, Paschal Somers' wife;

P R A Y E R

Prayer Updates – helping us to pray more effectively

- * **Sr Martin Joseph** has undergone her tests safely and has now returned home. With the help of medication she is recovering well.
- * Sisters, please include in your prayers **David Stotan**, Caretaker at East Holme, Lytham, who will undergo an operation on Wednesday, March 1st. Thank you. **Eily May**
- * Dot, one of our carers in Elmleigh, asks for prayers for her brother, **John**, who has had cancer for some time and has now reached the stage where he is receiving palliative care.

Thank You



2nd of March is also a big day for **Sisters Sheila McNally** and **Elizabeth Cox**, the occasion of their **Platinum Jubilees**.

Thank you for your faithful service to the Congregation. You both served with so much love and tender kindness while in Botswana and Chile. **Savio**



Villa Pacis

**SHORT STRAND
COMMUNITY FORUM—
Carpentry Sessions**

**SISTER HELENA CP—
Villa Pacis' very own
carpenter!**



THE LORD
PSALM 23:1
is MY
SHEPHERD
PSALM 23:1
I Shall
NOT WANT